



CARE AND USE OF NEW PROSTHESIS

- 1) If this is a prosthesis using a shuttle lock suction /socket/silicone or gel liner, additional instructions will be given to you. Please be sure to follow these directions regarding daily hygiene and donning/ doffing the socket and liner exactly as explained. If you still have questions or doubts, make sure you ask your Prosthetist about them. This will ensure longevity of the liner and maintain viability of your residual limb(s).
- 2) The first day you wear your prosthesis home; remove it every 2 hour(s). Look carefully at your residual limb. If there are any red spots which disappear in five to ten minutes, do not worry. Your skin is simply reacting to new pressure and weight-bearing spots.

IF, HOWEVER, THE RED AREA DOES **NOT** DISAPPEAR IN FIVE TO FIFTEEN MINUTES, **PLEASE CALL US IMMEDIATELY.** We will schedule a prompt appointment to relieve this area of pressure so it does not become a blister. This is especially important if you are Diabetic or have PVD.

UNDER NO CIRCUMSTANCES SHOULD YOU EVER ADJUST OR MAKE CHANGES TO YOUR PROSTHESIS

The components have been carefully chosen, assembled, adjusted and secured according to the manufacturers' exact specifications and should never be changed by anyone except a qualified practitioner. Please call us as soon as you notice a problem and we will be glad to adjust your prosthesis.

- Device should always be worn according to your doctor's specifications and in presence of therapist/care-giver/guardian in the beginning.
- Do not wear your prosthesis to bed. Put it on when you get up in the morning and take it off before napping or retiring for the night.
- Be prepared to change the amount and/or the ply of your prosthetic socks as the volume of your residual limb changes. This may occur once in a while, once a week or even a number of times in one day. You will need to add or subtract socks as your residual limb swells or contracts.
- You will lose fit in your prosthetic socket as your residual limb changes. This is normal and we will be able to adjust your prosthesis to accommodate these anatomical changes.
- Notify us immediately of any significant changes in weight and/or activity levels.
- In the event of a hard fall, call 911 for medical emergencies or your physician for any injury. Once you have received the necessary medical attention, **CALL US IMMEDIATELY** to allow us to inspect your prosthesis for hidden damage and to prevent the possibility of further damage to the prosthesis and most importantly to you.
- If you ever notice any blistering, bruising or open areas on the skin, remove immediately and contact our office.