

# Bionic Beats!

December



Bionic volunteer clinicians  
from left to right:  
Kelly Haen, Emily Power

## Unveiling a New Horizon

At Bionic, we've always believed in the power of unity and the strength of purpose. This year, we took our commitment to the next level by embarking on a mission to make a meaningful difference in the lives of those less fortunate. Through a carefully crafted initiative with 1040i, we sent a dedicated team on a service trip to Cote d'Ivoire in West Africa where they had the opportunity to connect with and uplift underserved communities.

Kelly Haen and Emily Power dedicated a week to serve local patients and successfully fitted 18 new prostheses. Furthermore, cast scans were performed on the patients, and the plan is for newly 3D-printed sockets to be brought back during the outreach trip scheduled for July. The transformative impact of these efforts is evident in the lives of some patients, whose circumstances were forever changed. We extend our applause for the remarkable work accomplished by Kelly and Emily.

### Contents:

- 1-2 Bionic News
- 3 Fabrication Spotlight
- 4 Calendar & Recipe
- 5-6 Bionic New Hires
- 7 Employee of the Month
- 8-9 Holiday Tips





# Bionic Outreach in West Africa



1040i has hosted over twenty Impact trips since 2010, with twenty-five Ivorians serving as administrative and auxiliary staff in Côte d'Ivoire.





# FABRICATION

## Spotlight







# December

2023



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 <i>Merry Christmas</i>	26	27	28 Sy	29	30
31						

## Cherry & Chocolate ~Yule Log~

Time: 2 hrs 10 mins  
Yield: 8 servings



Scan here for recipe:







# *Bionic* NEW HIRES

.....  .....

**MATEO CARRILLO**

Marketing Manager  
Business Center

.....  .....

**COURTNEY WOODS**

Clinic Office Administrator  
Titusville, FL

.....  .....

**BROOKE SCHNEIDER**

Clinic Office Administrator  
Owensboro, KY

.....  .....

**ERICA WOODY**

Clinic Office Administrator  
Lenoir, NC





.....

## **BARBARA GONZALEZ**

Clinic Office Administrator  
Pembroke Pines, FL

.....

## **INDIA SMITH**

Clinic Office Administrator  
Merrillville, IN

.....

## **SHARAN ELLIS**

Clinic Office Administrator  
Bowling Green, KY

.....

## **FELIX MARTINEZ**

Lab Technician  
Business Center

.....

## **ANDREW MAZURKIEWICZ**

Lab Technician  
Business Center

**Welcome to the Team!**



# EMPLOYEE OF THE MONTH:

*Edith Cruz*



"Edith is a wonderful addition to the Bionic team her positivity, commitment, and hard work over 15 years in our Addison, TX clinic is inspiring. She brings a wealth of knowledge in insurance authorizations and customer care."

"Edith and I have worked together for the past 12 years and she has become family to me. She is a dedicated daughter, a wonderful mother to two daughters, and the kindest person I've ever met. She may be quiet but is incredibly strong. She handles her job with grace and is great at all she does for this office and others when called on. Patients love her. She has even taught me a little Spanish along the way. She is an irreplaceable team member here at Bionic and in my opinion deserves to be acknowledged as employee of the month!"





# Holiday Tips

## *~Saving Money on Gifts~*

### **Choose time over money.**

There's an old saying that goes, "It's the thought that counts." For some people, the thought of spending time together really is better than the joy of a physical gift. You can save money this year by being intentional about being together—in whatever way you can, whether that's in person or virtually.

### **Shop early.**

Don't wait for Black Friday to start Christmas shopping—look for sales all year long. Grab that stuffed Sasquatch on clearance in July for your bigfoot-loving nephew. When you're mindful of your list throughout the year, you'll spread out both the spending and the stress (and maybe even get rid of the stress altogether). If you missed the chance to jump on the early shopping train this year, remember it in January when you're budgeting for the next Christmas season!

### **Give fewer gifts.**

As you're in the spirit of trimming the tree, trim down that Christmas list while you're at it. Of course, you do have a bit of holiday-induced obligation to deal with. You can't pass around gifts at family Christmas and be like, "Uh, sorry, Cousin Scott . . . You're the only person I couldn't find anything for."—this year, send your tidings of comfort and joy to some people on your list through a thoughtful card.

And if you want to save even more money, have a kind chat with your family members. Are you all giving just to give? Do you all want to cut back? A clear conversation about skipping presents this year for a shared meal (if you're able) and stocking stuffers instead could be just the thing both your family and your finances need.



### **Resist retail marketing.**

Friends. Americans spent \$936.3 billion on the holidays last year. That's a lot. Don't let yourself get wrapped up in all the sales and spending. You may think these retailers are posting deals from the goodness of their hearts to help you—but their real goal is to get in on a part of that \$936 billion holiday “magic.” Stick with your budget—and shop wisely.

### **Use old gift cards.**

Think about all the money you have left on old gift cards, as well as the cards you'll never use because they're to places you never shop, eat or visit. Consider the partial cards as discounts and use them to buy presents. Regift (which is not a dirty word, as we'll explain later) the other cards to people who'll appreciate them. Don't let those little pieces of plastic go to waste this Christmas!

### **Order online early.**

Ordering online means shopping from the convenience of your very own couch as you roast chestnuts on an open fire. Cross-check the price on that plush puppy across multiple stores without ever putting on real pants.

But make sure you do this early enough to get the cheapest online shipping options—and remember shipping is taking way longer this year.

### **Live by the list.**

There's a reason Santa checked his list twice, and it's not because he's absent-minded. When we go off the list, we overspend. Once you've got your philosophy and budget set, don't get swept up in the Christmas spirit and start buying every snowflake-themed item you find for every person you've ever met.

### **Go in on a group gift.**

A bigger, more expensive gift doesn't have to be off the table just because you're on a budget this year. Just go in on it with someone else. Get all your siblings to chip in and buy one big gift for your parents. Ask teammates to go in for a nice gift card for the coach. Email all the parents in your kids' class to donate small items for a gift basket for the teacher.

They say sharing is caring, after all. And sharing the cost of one big present is a great way to give well—while still caring for your budget.

### **Make presents.**

If you want to give something personal, memorable, and one-of-a-kind, make it! Seriously. Pinterest has a ton of ideas and instructions. If you aren't super crafty, try baking a sweet treat, putting together a gift basket of someone's favorite things, or whipping up some DIY sugar scrubs. Nothing says Happy Christmas like something homemade.

